## OCTOBER Maxwell Activities

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|---|--|--|---|--|
| DEER PARK  Parks & Recreation   | CAPRA ACCREDITED   | The Maxwell Adult Center 1201 Center Street Deer Park, TX 77536 (281) 478-7276         | September 30, 2021 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball | 1 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 1p Bean Bag Baseball           |
| 4<br>10 – 10:45a Dance Class<br>10 – 11:30a Ceramics  | 5 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting  | 6<br>9 – 9:45a Cardio Drumming<br>1 – 2p Bingo   | 7 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball                  | 8 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 1p Bean Bag Baseball           |
| 11<br>10 – 10:45a Dance Class<br>9 – 11:30a Ceramics<br>12 – 5p Bridge<br>1p Pumpkin Decorating | 12 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting | 13 9a – 12p Walgreens Flu Clinic 9 – 9:45a Cardio Drumming 12 – 5p Bridge 1 – 2p Bingo | 14 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball                 | 15<br>9 – 9:45a Cardio Drumming<br>10a – 3p Maxwell Quilters                         |
| 18<br>10 – 10:45a Dance Class<br>9 – 11:30a Ceramics<br>12 – 5p Bridge                          | 19 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting | 20<br>9 – 9:45a Cardio Drumming<br>1 – 2p Bingo  | 21<br>9 – 10a Sit N Fit<br>9 – 11:30a Knit/Crochet<br>10 – 11a Yoga with Carey<br>1p Chair Volleyball     | 22<br>9 – 9:45a Cardio Drumming<br>10a – 3p Maxwell Quilters<br>1p Bean Bag Baseball |
| 25<br>10 – 10:45a Dance Class<br>9 – 11:30a Ceramics<br>12 – 5p Bridge                          | 26 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting | 27<br>9 – 9:45a Cardio Drumming<br>12 – 5p Bridge<br>1 – 2p Bingo                      | 28<br>9 – 10a Sit N Fit<br>9 – 11:30a Knit/Crochet<br>10 – 11a Yoga with Carey<br>1p Chair Volleyball     | 29 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 2p Costume Contest and Party  |

<sup>\*</sup>No transportation to and from the center will be offered at this time\*